

Frequency	Code	Response	Variable Name	Type/Length
-----------	------	----------	---------------	-------------

Section 4: Nutrition

Section 4 gathers information on items adolescents eat and drink. It looks particularly at vitamin C, vitamin A, beta carotene, and fat consumption. It is asked of all respondents.

Think about everything you had to eat and drink yesterday. This includes snacks as well as your regular meals.

1.	Did you drink milk, including milk poured on cereal or dessert?	H2NU1	num 1
4701	0	no <i>[skip to Q.3]</i>	
10033	1	yes	
4	8	don't know <i>[skip to Q.3]</i>	
2.	Was the milk...	H2NU2	num 1
3595	1	whole milk (4% fat)	
4638	2	low-fat (1% or 2% fat)	
1436	3	skim or nonfat (½% fat)	
286	4	some of one, some of another	
1	6	refused	
4705	7	legitimate skip	
77	8	don't know	
3.	Did you drink soft drinks or mixers, such as tonic water or club soda, etc.?	H2NU3	num 1
3670	0	no <i>[skip to Q.5]</i>	
11066	1	yes	
2	8	don't know <i>[skip to Q.5]</i>	
4.	Were the drinks...	H2NU4	num 1
9495	1	regular	
826	2	diet or sugar-free	
734	3	both	
3672	7	legitimate skip	
11	8	don't know	

In Home Questionnaire Code Book II, S.4

Frequency	Code	Response	Variable Name	Type/Length
5. Did you drink 100% orange, grapefruit, or tomato juice?			H2NU5	num 1
9060	0	no		
5676	1	yes		
2	8	don't know		
6. Did you drink other 100% fruit juice, not including fruit-flavored drinks?			H2NU6	num 1
11008	0	no		
3725	1	yes		
5	8	don't know		
7. Did you drink Koolaid, fruit-flavored drinks, Gatoraid, or other sport drinks?			H2NU7	num 1
7136	0	no <i>[skip to Q.9]</i>		
7599	1	yes		
3	8	don't know <i>[skip to Q.9]</i>		
8. Were the drinks...			H2NU8	num 1
6405	1	regular		
446	2	sugar-free		
707	3	both		
7139	7	legitimate skip		
41	8	don't know		
9. Did you drink water?			H2NU9	num 1
1529	0	no		
13206	1	yes		
3	8	don't know		
Now we're going to talk about things you ate yesterday. Yesterday, did you eat...				
10. apples, applesauce, pears, or pineapple?			H2NU10	num 1
10945	0	no		
3791	1	yes		
2	8	don't know		

In Home Questionnaire Code Book II, S.4

Frequency	Code	Response	Variable Name	Type/ Length
11. bananas, plantains, grapes, berries, or cherries?			H2NU11	num 1
9378	0	no		
5358	1	yes		
2	8	don't know		
12. cantaloupes, melons, mangoes, or papayas?			H2NU12	num 1
12268	0	no		
2468	1	yes		
2	8	don't know		
13. oranges, grapefruit, tangerines, or kiwis?			H2NU13	num 1
11163	0	no		
3573	1	yes		
2	8	don't know		
14. peaches, plums, nectarines, or apricots?			H2NU14	num 1
12747	0	no		
1989	1	yes		
2	8	don't know		
15. raisins or dried fruit?			H2NU15	num 1
13339	0	no		
1396	1	yes		
3	8	don't know		
16. mixed vegetables, or acorn, hubbard, or winter squash?			H2NU16	num 1
10882	0	no		
3853	1	yes		
3	8	don't know		
17. avocados?			H2NU17	num 1
14104	0	no		
630	1	yes		
4	8	don't know		

In Home Questionnaire Code Book II, S.4

Frequency	Code	Response	Variable Name	Type/ Length
18. string beans, green beans, peas, or snow peas?			H2NU18	num 1
10547	0	no		
4185	1	yes		
6	8	don't know		
19. cabbage or bok choy?			H2NU19	num 1
13601	0	no		
1135	1	yes		
2	8	don't know		
20. broccoli?			H2NU20	num 1
12549	0	no		
2187	1	yes		
2	8	don't know		
21. carrots?			H2NU21	num 1
11455	0	no		
3281	1	yes		
2	8	don't know		
22. dried beans, peas, lentils, black beans, or soybeans?			H2NU22	num 1
12423	0	no		
2311	1	yes		
4	8	don't know		
23. field peas, chick peas, or lima beans?			H2NU23	num 1
13996	0	no		
739	1	yes		
3	8	don't know		
24. kale, beet greens, mustard greens, turnip greens, or collard greens?			H2NU24	num 1
13920	0	no		
815	1	yes		
3	8	don't know		

In Home Questionnaire Code Book II, S.4

Frequency	Code	Response	Variable Name	Type/Length
25. lettuce or tossed salad?			H2NU25	num 1
7234	0	no		
7500	1	yes		
4	8	don't know		
26. spinach?			H2NU26	num 1
14129	0	no		
607	1	yes		
2	8	don't know		
27. tomatoes?			H2NU27	num 1
9239	0	no		
5496	1	yes		
3	8	don't know		
28. tofu?			H2NU28	num 1
14530	0	no		
200	1	yes		
8	8	don't know		
29. yams or sweet potatoes?			H2NU29	num 1
13926	0	no		
810	1	yes		
2	8	don't know		
30. zucchini, summer squash, eggplants, bell peppers, or asparagus?			H2NU30	num 1
13204	0	no		
1532	1	yes		
2	8	don't know		
31. breakfast cereal?			H2NU31	num 1
6932	0	no		
7802	1	yes		
4	8	don't know		

In Home Questionnaire Code Book II, S.4

Frequency	Code	Response	Variable Name	Type/ Length
32. breakfast bars or breakfast tarts?			H2NU32	num 1
12666	0	no <i>[skip to Q.34]</i>		
2069	1	yes		
3	8	don't know <i>[skip to Q.34]</i>		
33. Were they...			H2NU33	num 1
1303	1	regular		
567	2	low-fat or fat-free		
188	3	some of each		
12669	7	legitimate skip		
11	8	don't know		
34. Did you eat doughnuts, sweet rolls, muffins, or pastries?			H2NU34	num 1
10516	0	no <i>[skip to Q.36]</i>		
4220	1	yes		
2	8	don't know <i>[skip to Q.36]</i>		
35. Were they...			H2NU35	num 1
3697	1	regular		
210	2	low-fat or fat-free		
284	3	some of each		
1	6	refused		
10518	7	legitimate skip		
28	8	don't know		
36. Did you eat hot dogs or frankfurters?			H2NU36	num 1
12295	0	no <i>[skip to Q.38]</i>		
2440	1	yes		
3	8	don't know <i>[skip to Q.38]</i>		
37. Were they...			H2NU37	num 1
2136	1	regular		
154	2	low-fat		

In Home Questionnaire Code Book II, S.4

Frequency	Code	Response	Variable Name	Type/Length
99	3	some of each		
12298	7	legitimate skip		
51	8	don't know		
38. Did you eat ground meat or hamburger?			H2NU38	num 1
7883	0	no <i>[skip to Q.40]</i>		
6850	1	yes		
5	8	don't know <i>[skip to Q.40]</i>		
39. Was it...			H2NU39	num 1
5419	1	regular (30% fat)		
946	2	lean (20% fat)		
203	3	extra lean (10% fat)		
4	6	refused		
7888	7	legitimate skip		
278	8	don't know		
Did you eat...				
40. roast beef, steak, pork, or lamb?			H2NU40	num 1
10686	0	no		
4049	1	yes		
3	8	don't know		
41. pizza?			H2NU41	num 1
11106	0	no <i>[skip to Q.43]</i>		
3630	1	yes		
2	8	don't know <i>[skip to Q.43]</i>		
42. Was it...			H2NU42	num 1
922	1	plain cheese		
2581	2	sausage, pepperoni, or meat		
124	3	vegetarian		
11108	7	legitimate skip		

In Home Questionnaire Code Book II, S.4

Frequency	Code	Response	Variable Name	Type/Length
3	8	don't know		
43. Did you eat chicken or turkey?			H2NU43	num 1
9102	0	no <i>[skip to Q.45]</i>		
5634	1	yes		
2	8	don't know <i>[skip to Q.45]</i>		
44. Was it fried?			H2NU44	num 1
3327	0	no		
2115	1	yes		
181	2	some yes, some no		
9104	7	legitimate skip		
11	8	don't know		
45. Did you eat canned tuna fish?			H2NU45	num 1
13879	0	no <i>[skip to Q.48]</i>		
857	1	yes		
2	8	don't know <i>[skip to Q.48]</i>		
46. Was it...			H2NU46	num 1
623	1	water-packed		
131	2	oil-packed		
74	3	some of each		
2	6	refused		
13881	7	legitimate skip		
27	8	don't know		
47. How was it prepared?			H2NU47	num 1
117	1	plain		
611	2	with mayonnaise, like tuna salad		
54	3	with noodles, like tuna casserole		
74	4	some other way		
13881	7	legitimate skip		

In Home Questionnaire Code Book II, S.4

Frequency	Code	Response	Variable Name	Type/ Length
1	8	don't know		
48. Did you eat other fish or seafood?			H2NU48	num 1
13451	0	no <i>[skip to Q.50]</i>		
1284	1	yes		
3	8	don't know <i>[skip to Q.50]</i>		
49. Was it fried?			H2NU49	num 1
590	0	no		
611	1	yes		
80	2	some yes, some no		
13454	7	legitimate skip		
3	8	don't know		
Yesterday, did you eat...				
50. cold cuts, luncheon meats, or ham?			H2NU50	num 1
9517	0	no		
5218	1	yes		
3	8	don't know		
51. bacon, sausage, or chorizo?			H2NU51	num 1
12084	0	no		
2652	1	yes		
2	8	don't know		
52. eggs?			H2NU52	num 1
11506	0	no		
3230	1	yes		
2	8	don't know		
53. yogurt or cottage cheese?			H2NU53	num 1
13168	0	no <i>[skip to Q.55]</i>		
1567	1	yes		
1	6	refused <i>[skip to Q.55]</i>		

In Home Questionnaire Code Book II, S.4

Frequency	Code	Response	Variable Name	Type/Length
2	8	don't know <i>[skip to Q.55]</i>		
54. Was it...			H2NU54	num 1
670	1	regular		
820	2	low-fat or fat-free		
63	3	some of each		
13171	7	legitimate skip		
14	8	don't know		
55. Yesterday, did you eat cheese, processed cheese, or cheese spreads?			H2NU55	num 1
7474	0	no <i>[skip to Q.57]</i>		
7259	1	yes		
5	8	don't know <i>[skip to Q.57]</i>		
56. Was it...			H2NU56	num 1
6041	1	regular		
756	2	low-fat or fat-free		
362	3	some of each		
1	6	refused		
7479	7	legitimate skip		
99	8	don't know		
Yesterday, did you eat...				
57. bread, rolls, bagels, tortillas, crackers, or English muffins?			H2NU57	num 1
3615	0	no		
11121	1	yes		
2	8	don't know		
58. spaghetti, pasta, or noodles?			H2NU58	num 1
11231	0	no		
3505	1	yes		
2	8	don't know		
59. rice?			H2NU59	num 1

In Home Questionnaire Code Book II, S.4

Frequency	Code	Response	Variable Name	Type/Length
10981	0	no		
3755	1	yes		
2	8	don't know		
60. french fries?			H2NU60	num 1
9979	0	no		
4757	1	yes		
2	8	don't know		
61. other potatoes?			H2NU61	num 1
11845	0	no		
2889	1	yes		
4	8	don't know		
62. potato chips, corn chips, tortilla chips, pretzels, or popcorn?			H2NU62	num 1
7319	0	no		
7416	1	yes		
3	8	don't know		
63. cookies, brownies, cake, or pie?			H2NU63	num 1
8926	0	no <i>[skip to Q.65]</i>		
5809	1	yes		
3	8	don't know <i>[skip to Q.65]</i>		
64. Were they...			H2NU64	num 1
5062	1	regular		
367	2	low-fat or fat-free		
328	3	some of each		
8929	7	legitimate skip		
52	8	don't know		
Yesterday, did you eat...				
65. peanut butter, peanuts, or other nuts?			H2NU65	num 1
12489	0	no		

In Home Questionnaire Code Book II, S.4

Frequency	Code	Response	Variable Name	Type/Length
2247	1	yes		
2	8	don't know		
66. ice cream?			H2NU66	num 1
10404	0	no <i>[skip to Q.68]</i>		
4332	1	yes		
2	8	don't know <i>[skip to Q.68]</i>		
67. Was it...			H2NU67	num 1
3657	1	regular		
519	2	low-fat or fat-free		
123	3	some of each		
10406	7	legitimate skip		
33	8	don't know		
68. Yesterday, did you eat frozen yogurt?			H2NU68	num 1
14127	0	no <i>[skip to Q. 70]</i>		
609	1	yes		
2	8	don't know <i>[skip to Q.70]</i>		
69. Was it...			H2NU69	num 1
242	1	regular		
341	2	low-fat or fat-free		
23	3	some of each		
14129	7	legitimate skip		
3	8	don't know		
70. Yesterday, did you eat chocolate bars or candy?			H2NU70	num 1
10457	0	no		
4278	1	yes		
3	8	don't know		
With anything you ate, including sandwiches, did you use...				
71. butter or margarine?			H2NU71	num 1

In Home Questionnaire Code Book II, S.4

Frequency	Code	Response	Variable Name	Type/Length
9852	0	no <i>[skip to Q.73]</i>		
4870	1	yes		
16	8	don't know <i>[skip to Q.73]</i>		
72. Was it...			H2NU72	num 1
3732	1	regular		
883	2	low-fat		
201	3	some of each		
9868	7	legitimate skip		
54	8	don't know		
73. salad dressing?			H2NU73	num 1
10374	0	no <i>[skip to Q.75]</i>		
4361	1	yes		
3	8	don't know <i>[skip to Q.75]</i>		
74. Was it...			H2NU74	num 1
2938	1	regular		
1272	2	low-fat or fat-free		
118	3	some of each		
10377	7	legitimate skip		
33	8	don't know		
75. With anything you ate, including sandwiches, did you use mayonnaise or sandwich spread?			H2NU75	num 1
9041	0	no <i>[skip to Q.77]</i>		
5693	1	yes		
4	8	don't know <i>[skip to Q.77]</i>		
76. Was it...			H2NU76	num 1
4611	1	regular		
893	2	low-fat or fat-free		
134	3	some of each		

In Home Questionnaire Code Book II, S.4

Frequency	Code	Response	Variable Name	Type/ Length
9045	7	legitimate skip		
55	8	don't know		
In the last seven days, on how many days did you eat...				
77. at a fast food type place—McDonalds, Kentucky Fried Chicken, Pizza Hut, Taco Bell, etc.?			H2NU77	num 1
2347	0	0 days		
3660	1	1 day		
3423	2	2 days		
2382	3	3 days		
1205	4	4 days		
823	5	5 days		
242	6	6 days		
643	7	7 days		
12	8	don't know		
1	!	missing		
78. breakfast?			H2NU78	num 2
2029	0	0 days		
1017	1	1 day		
1524	2	2 days		
1617	3	3 days		
1253	4	4 days		
1418	5	5 days		
680	6	6 days		
5190	7	7 days		
1	96	refused		
9	98	don't know		
79. lunch?			H2NU79	num 2
765	0	0 days		

In Home Questionnaire Code Book II, S.4

Frequency	Code	Response	Variable Name	Type/Length
312	1	1 day		
637	2	2 days		
848	3	3 days		
968	4	4 days		
1650	5	5 days		
769	6	6 days		
8780	7	7 days		
1	96	refused		
8	98	don't know		
80. dinner/supper?			H2NU80	num 2
263	0	0 days		
135	1	1 day		
216	2	2 days		
430	3	3 days		
563	4	4 days		
1056	5	5 days		
829	6	6 days		
11237	7	7 days		
1	96	refused		
8	98	don't know		
81. Do you currently take vitamins or minerals?			H2NU81	num 1
11285	0	no <i>[skip to next section]</i>		
3447	1	yes		
2	6	refused <i>[skip to next section]</i>		
4	8	don't know <i>[skip to next section]</i>		
82. In the last seven days, on how many days did you take vitamins or minerals?			H2NU82	num 2
170	1	1 day		

In Home Questionnaire Code Book II, S.4

Frequency	Code	Response	Variable Name	Type/ Length
278	2	2 days		
415	3	3 days		
392	4	4 days		
471	5	5 days		
180	6	6 days		
1530	7	7 days		
1	96	refused		
11291	97	legitimate skip		
10	98	don't know		