

Frequency	Code	Response	Variable Name	Type/Length
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Section 3: General Health

Section 3 is about health and safety. In terms of illness, it focuses on symptoms rather than diagnoses. Questions also touch on nutrition and weight control, use of health services, safety behaviors such as seatbelt use, perceived risk, and sleep habits. The section is administered to all respondents.

The next set of questions is about your overall health and safety.

1. In general, how is your health? Would you say...			H2GH1	num 1
4348	1	excellent		
5753	2	very good		
3668	3	good		
903	4	fair		
62	5	poor		
4	8	don't know		
Because of a physical, learning, or emotional condition you have had for at least a year...				
2. do you have any limitations attending school or in your ability to do regular work?			H2GH2	num 1
13961	0	no		
764	1	yes		
8	6	refused		
5	8	don't know		
3. do you have difficulty in doing regular household chores, shopping, or errands?			H2GH3	num 1
14447	0	no		
278	1	yes		
8	6	refused		
5	8	don't know		
4. do you have limitations in doing strenuous activities such as running, swimming, or other sports?			H2GH4	num 1
13789	0	no		
937	1	yes		

In Home Questionnaire Code Book II, S.3

Frequency	Code	Response	Variable Name	Type/Length
8	6	refused		
4	8	don't know		
5.	do you have difficulty with personal care or hygiene, namely bathing, dressing, eating, or using the toilet?		H2GH5	num 1
14635	0	no		
92	1	yes		
8	6	refused		
3	8	don't know		
<i>[If Q.2-5 ≠ "yes," skip to Q.7.]</i>				
>1	6. Is your condition physical, learning, or emotional in nature?			
physical			H2GH6A	num 1
460	0	no		
966	1	yes		
8	6	refused		
13284	7	legitimate skip		
20	8	don't know		
learning			H2GH6B	num 1
1101	0	no		
325	1	yes		
8	6	refused		
13284	7	legitimate skip		
20	8	don't know		
emotional			H2GH6C	num 1
1138	0	no		
288	1	yes		
8	6	refused		
13284	7	legitimate skip		

In Home Questionnaire Code Book II, S.3

Frequency	Code	Response	Variable Name	Type/Length
20	8	don't know		
IMPORTANT: See NOTE at beginning of code book.				
<i>If PFL, ask Q.7. (PFL is preloaded flag indicating R had limb disability in Wave I.)</i>				
7.		Has the difficulty with your hands, arms, legs, or feet because of a physical condition gotten better, worse, or stayed the same since {MOLI}?	H2GH7	num 1
230	1	better		
38	2	worse		
287	3	stayed the same		
27	6	refused		
14114	7	legitimate skip		
42	8	don't know		
<i>[Hand R showcard 3.] Please tell me how often you have had each of the following conditions in the past 12 months. How often have you...</i>				
8.		had a headache?	H2GH8	num 1
1360	0	never		
9491	1	just a few times		
2986	2	about once a week		
766	3	almost every day		
129	4	every day		
6	8	don't know		
9.		felt hot all over suddenly, for no reason?	H2GH9	num 1
9119	0	never		
4680	1	just a few times		
656	2	about once a week		
209	3	almost every day		
66	4	every day		
8	8	don't know		

In Home Questionnaire Code Book II, S.3

Frequency	Code	Response	Variable Name	Type/Length
10. had a stomach ache or an upset stomach?			H2GH10	num 1
1823	0	never		
10473	1	just a few times		
1944	2	about once a week		
406	3	almost every day		
89	4	every day		
3	8	don't know		
11. had cold sweats?			H2GH11	num 1
11839	0	never		
2636	1	just a few times		
182	2	about once a week		
58	3	almost every day		
13	4	every day		
10	8	don't know		
12. felt physically weak, for no reason?			H2GH12	num 1
7670	0	never		
5912	1	just a few times		
864	2	about once a week		
226	3	almost every day		
60	4	every day		
6	8	don't know		
13. had a sore throat or a cough?			H2GH13	num 1
2487	0	never		
10954	1	just a few times		
1019	2	about once a week		
213	3	almost every day		
63	4	every day		

In Home Questionnaire Code Book II, S.3

Frequency	Code	Response	Variable Name	Type/ Length
2	8	don't know		
14. felt very tired, for no reason?			H2GH14	num 1
5388	0	never		
6365	1	just a few times		
1973	2	about once a week		
744	3	almost every day		
263	4	every day		
5	8	don't know		
15. had painful or very frequent urination (or peeing)?			H2GH15	num 1
13270	0	never		
1258	1	just a few times		
116	2	about once a week		
59	3	almost every day		
29	4	every day		
1	6	refused		
5	8	don't know		
16. felt really sick?			H2GH16	num 1
6416	0	never		
7819	1	just a few times		
401	2	about once a week		
80	3	almost every day		
20	4	every day		
2	8	don't know		
17. woken up feeling tired?			H2GH17	num 1
2483	0	never		
6393	1	just a few times		
2980	2	about once a week		

In Home Questionnaire Code Book II, S.3

Frequency	Code	Response	Variable Name	Type/ Length
1982	3	almost every day		
897	4	every day		
3	8	don't know		
18. had skin problems, such as itching or pimples?			H2GH18	num 1
3459	0	never		
6928	1	just a few times		
2442	2	about once a week		
1121	3	almost every day		
783	4	every day		
1	6	refused		
4	8	don't know		
19. been dizzy?			H2GH19	num 1
8344	0	never		
5442	1	just a few times		
701	2	about once a week		
191	3	almost every day		
50	4	every day		
1	6	refused		
9	8	don't know		
20. had chest pains?			H2GH20	num 1
10677	0	never		
3522	1	just a few times		
403	2	about once a week		
99	3	almost every day		
33	4	every day		
4	8	don't know		
21. had aches, pains, or soreness in your muscles or joints?			H2GH21	num 1

In Home Questionnaire Code Book II, S.3

Frequency	Code	Response	Variable Name	Type/Length
2819	0	never		
8317	1	just a few times		
2672	2	about once a week		
720	3	almost every day		
207	4	every day		
3	8	don't know		
22. had a poor appetite?			H2GH22	num 1
7011	0	never		
5664	1	just a few times		
1482	2	about once a week		
442	3	almost every day		
134	4	every day		
5	8	don't know		
23. had trouble falling asleep or staying asleep?			H2GH23	num 1
5369	0	never		
5917	1	just a few times		
2272	2	about once a week		
905	3	almost every day		
272	4	every day		
1	6	refused		
2	8	don't know		
24. had trouble relaxing?			H2GH24	num 1
7206	0	never		
5372	1	just a few times		
1432	2	about once a week		
538	3	almost every day		
187	4	every day		

In Home Questionnaire Code Book II, S.3

Frequency	Code	Response	Variable Name	Type/ Length
3	8	don't know		
25. been moody?			H2GH25	num 1
2598	0	never		
6891	1	just a few times		
3602	2	about once a week		
1159	3	almost every day		
468	4	every day		
2	6	refused		
18	8	don't know		
26. cried frequently?			H2GH26	num 1
9098	0	never		
4546	1	just a few times		
819	2	about once a week		
215	3	almost every day		
57	4	every day		
3	8	don't know		
27. been afraid?			H2GH27	num 1
6794	0	never		
7104	1	just a few times		
594	2	about once a week		
177	3	almost every day		
66	4	every day		
3	8	don't know		
28. Has there been any time over the past year when you thought you should get medical care, but you did not?			H2GH28	num 1
11675	0	no <i>[skip to Q.30]</i>		
3055	1	yes		
8	8	don't know <i>[skip to Q.30]</i>		

In Home Questionnaire Code Book II, S.3

Frequency	Code	Response	Variable Name	Type/Length
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29. [Hand R showcard 4.] What kept you from seeing a health professional when you really needed to? If there was more than one reason, choose more than one answer.			H2GH29A	num 1
didn't know whom to go see				
2754	0	not marked		
290	1	marked		
2	6	refused		
11683	7	legitimate skip		
9	8	don't know		
had no transportation			H2GH29B	num 1
2736	0	not marked		
308	1	marked		
2	6	refused		
11683	7	legitimate skip		
9	8	don't know		
no one available to go along			H2GH29C	num 1
2926	0	not marked		
118	1	marked		
2	6	refused		
11683	7	legitimate skip		
9	8	don't know		
parent or guardian would not go			H2GH29D	num 1
2730	0	not marked		
314	1	marked		
2	6	refused		
11683	7	legitimate skip		
9	8	don't know		
didn't want parents to know			H2GH29E	num 1

In Home Questionnaire Code Book II, S.3

Frequency	Code	Response	Variable Name	Type/Length
2622	0	not marked		
422	1	marked		
2	6	refused		
11683	7	legitimate skip		
9	8	don't know		
difficult to make appointment			H2GH29F	num 1
2700	0	not marked		
344	1	marked		
2	6	refused		
11683	7	legitimate skip		
9	8	don't know		
afraid of what the doctor would say or do			H2GH29G	num 1
2471	0	not marked		
573	1	marked		
2	6	refused		
11683	7	legitimate skip		
9	8	don't know		
I thought the problem would go away			H2GH29H	num 1
1052	0	not marked		
1992	1	marked		
2	6	refused		
11683	7	legitimate skip		
9	8	don't know		
couldn't pay			H2GH29I	num 1
2611	0	not marked		
433	1	marked		
2	6	refused		

In Home Questionnaire Code Book II, S.3

Frequency	Code	Response	Variable Name	Type/ Length
11683	7	legitimate skip		
9	8	don't know		
other <i>[specify in comment box]</i>			H2GH29J	num 1
2956	0	not marked		
88	1	marked		
2	6	refused		
11683	7	legitimate skip		
9	8	don't know		
30. How do you think of yourself in terms of weight?			H2GH30	num 1
200	1	very underweight		
2122	2	slightly underweight		
7888	3	about the right weight		
3983	4	slightly overweight		
535	5	very overweight		
1	6	refused		
9	8	don't know		
31. Are you trying to lose weight, gain weight, or stay the same weight?			H2GH31	num 1
4916	1	lose weight		
2786	2	gain weight <i>[skip to Q.33]</i>		
4877	3	stay the same weight		
2154	4	not trying to do anything about weight <i>[skip to Q.34]</i>		
1	6	refused		
4	8	don't know		
32. During the past seven days, which of the following things did you do in order to lose weight or to keep from gaining weight? <i>Read list and code all that apply.</i>				
dieted			H2GH32A	num 1
7638	0	not marked		

In Home Questionnaire Code Book II, S.3

Frequency	Code	Response	Variable Name	Type/Length
2153	1	marked		
4	6	refused		
4940	7	legitimate skip		
3	8	don't know		
exercised			H2GH32B	num 1
3595	0	not marked		
6196	1	marked		
4	6	refused		
4940	7	legitimate skip		
3	8	don't know		
made yourself vomit			H2GH32C	num 1
9729	0	not marked		
62	1	marked		
4	6	refused		
4940	7	legitimate skip		
3	8	don't know		
took diet pills			H2GH32D	num 1
9648	0	not marked		
143	1	marked		
4	6	refused		
4940	7	legitimate skip		
3	8	don't know		
took laxatives			H2GH32E	num 1
9758	0	not marked		
33	1	marked		
4	6	refused		
4940	7	legitimate skip		

In Home Questionnaire Code Book II, S.3

Frequency	Code	Response	Variable Name	Type/Length
3	8	don't know		
other			H2GH32F	num 1
9412	0	not marked		
379	1	marked		
4	6	refused		
4940	7	legitimate skip		
3	8	don't know		
none			H2GH32G	num 1
7068	0	not marked		
2723	1	marked		
4	6	refused		
4940	7	legitimate skip		
3	8	don't know		
<i>Skip to Q.34.</i>				
33. During the past seven days, which of the following things did you do in order to gain weight or to build muscle? <i>Read list and code all that apply.</i>				
dieted			H2GH33A	num 1
2468	0	not marked		
318	1	marked		
11952	7	legitimate skip		
exercised			H2GH33B	num 1
1444	0	not marked		
1342	1	marked		
11952	7	legitimate skip		
lifted weights			H2GH33C	num 1
1291	0	not marked		
1495	1	marked		

In Home Questionnaire Code Book II, S.3

Frequency	Code	Response	Variable Name	Type/Length
11952	7	legitimate skip		
		took food supplements	H2GH33D	num 1
2388	0	not marked		
398	1	marked		
11952	7	legitimate skip		
		used steroids	H2GH33E	num 1
2781	0	not marked		
5	1	marked		
11952	7	legitimate skip		
		other	H2GH33F	num 1
2574	0	not marked		
212	1	marked		
11952	7	legitimate skip		
		none	H2GH33G	num 1
2371	0	not marked		
415	1	marked		
11952	7	legitimate skip		
<i>If SCHOOL NOW, ask Q.34-35.</i>				
34.		In an average week, on how many days do you go to physical education classes at school?	H2GH34	num 1
3849	0	days <i>[If 0, skip to Q.36]</i>		
190	1	1 day		
423	2	2 days		
861	3	3 days		
160	4	4 days		
2777	5	5 days		
1	6	refused <i>[skip to Q.36]</i>		
6476	7	legitimate skip		

In Home Questionnaire Code Book II, S.3

Frequency	Code	Response	Variable Name	Type/Length
1	8	don't know <i>[skip to Q.36]</i>		
35. During an average physical education class at school, how many minutes do you spend actually exercising or playing sports?			H2GH35	num 1
177	1	less than 10 minutes		
594	2	10 to 20 minutes		
1151	3	21 to 30 minutes		
2482	4	more than 30 minutes		
10327	7	legitimate skip		
7	8	don't know		
36. How often do you wear a helmet when you ride a bicycle?			H2GH36	num 1
7855	0	never		
600	1	rarely		
446	2	sometimes		
315	3	most of the time		
457	4	always		
5063	5	never rides a bicycle		
2	8	don't know		
37. During the past 12 months, how often did you ride a motorcycle?			H2GH37	num 1
12099	0	never <i>[skip to Q.39]</i>		
1711	1	once or twice		
405	2	about once a month		
305	3	about once a week		
216	4	almost every day		
2	8	don't know		
38. When you rode a motorcycle during the past 12 months, how often did you wear a helmet?			H2GH38	num 1
819	0	never		
136	1	rarely		

In Home Questionnaire Code Book II, S.3

Frequency	Code	Response	Variable Name	Type/Length
127	2	sometimes		
167	3	most of the time		
1388	4	always		
12099	7	legitimate skip		
2	8	don't know		
39. How often do you wear a seatbelt when you are riding in or driving a car?			H2GH39	num 1
611	0	never		
1201	1	rarely		
2049	2	sometimes		
3187	3	most of the time		
7687	4	always		
3	8	don't know		
<i>If SCHOOL NOW, ask Q.40.</i>				
40. [Hand R showcard 3.] In the last month, how often did a health or emotional problem cause you to miss a day of school?			H2GH40	num 1
4055	0	never		
3829	1	just a few times		
317	2	about once a week		
38	3	almost every day		
19	4	every day		
2	6	refused		
6476	7	legitimate skip		
2	8	don't know		
41. [Hand R showcard 3.] In the last month, how often did a health or emotional problem cause you to miss a social or recreational activity?			H2GH41	num 1
10106	0	never		
4313	1	just a few times		
214	2	about once a week		

In Home Questionnaire Code Book II, S.3

Frequency	Code	Response	Variable Name	Type/Length
53	3	almost every day		
29	4	every day		
12	6	refused		
11	8	don't know		
42. During the school year, what time do you usually go to bed on week nights? <i>Type in time in this format HH:MM A for AM or HH:MM P for PM. Please remember that midnight is 12:00 A and noon is 12:00 P!</i>			H2GH42	char 6
14701		range from 00:30P to 12:45A		
12	999996	refused		
25	999998	don't know		
43. During the summer, what time do you usually go to bed on week nights? <i>Type in time in this format HH:MM A for AM or HH:MM P for PM. Please remember that midnight is 12:00 A and noon is 12:00 P!</i>			H2GH43	char 6
14671		range from 1:00A to 12:50P		
5	999996	refused		
62	999998	don't know		
44. How many hours of sleep do you usually get?			H2GH44	num 2
14705		range from 1 to 24 hours		
1	96	refused		
32	98	don't know		
45. Do you usually get enough sleep?			H2GH45	num 1
4389	0	no		
10341	1	yes		
8	8	don't know		
46. During the past 12 months, have you ever spent the night away from home without permission?			H2GH46	num 1
12397	0	no		
2322	1	yes		
8	6	refused		

In Home Questionnaire Code Book II, S.3

Frequency	Code	Response	Variable Name	Type/Length
11	8	don't know		
47. [Hand R showcard 5.] Which of these best describes your worst injury during the past year?			H2GH47	num 1
7019	1	very minor		
5721	2	minor		
1425	3	serious		
329	4	very serious		
225	5	extremely serious		
11	6	refused		
8	8	don't know		
48. Do you have a permanent tattoo?			H2GH48	num 1
13647	0	no		
1089	1	yes		
2	8	don't know		
49. Do you have one or both ears pierced?			H2GH49	num 1
6079	0	no		
8657	1	yes		
2	8	don't know		
50. Besides one or both ears, have you had any other body parts pierced?			H2GH50	num 1
14149	0	no		
585	1	yes		
1	6	refused		
3	8	don't know		
51. Do you wear braces on your teeth?			H2GH51	num 1
13608	0	no		
1127	1	yes		
3	8	don't know		

In Home Questionnaire Code Book II, S.3

Frequency	Code	Response	Variable Name	Type/ Length
52. What is your height in feet and inches?			H2GH52F H2GH52I	num2 num2
6	4,0	4 feet, 0 inch to 4 feet, 1 inch		
10	4,2	4 feet, 2 inches to 4 feet, 3 inches		
2	4,4	4 feet, 4 inches		
7	4,5	4 feet, 5 inches		
5	4,6	4 feet, 6 inches		
4	4,7	4 feet, 7 inches		
7	4,8	4 feet, 8 inches		
36	4,9	4 feet, 9 inches		
36	4,10	4 feet, 10 inches		
189	4,11	4 feet, 11 inches		
401	5,0	5 feet, 0 inches		
541	5,1	5 feet, 1 inches		
942	5,2	5 feet, 2 inches		
1123	5,3	5 feet, 3 inches		
1416	5,4	5 feet, 4 inches		
1164	5,5	5 feet, 5 inches		
1495	5,6	5 feet, 6 inches		
1280	5,7	5 feet, 7 inches		
1135	5,8	5 feet, 8 inches		
1017	5,9	5 feet, 9 inches		
928	5,10	5 feet, 10 inches		
881	5,11	5 feet, 11 inches		
694	6,0	6 feet, 0 inches		
474	6,1	6 feet, 1 inches		
369	6,2	6 feet, 2 inches		
203	6,3	6 feet, 3 inches		

In Home Questionnaire Code Book II, S.3

Frequency	Code	Response	Variable Name	Type/ Length
74	6,4	6 feet, 4 inches		
43	6,5	6 feet, 5 inches		
18	6,6	6 feet, 6 inches		
12	6,7	6 feet, 7 inches		
2	6,8	6 feet, 8 inches		
6	6,9	6 feet, 9 inches and over		
2	4,98	4 feet, don't know inches		
17	5,!	5 feet, missing inches		
1	5,96	5 feet, refused inches		
23	5,98	5 feet, don't know inches		
4	6,!	6 feet, missing inches		
1	6,98	6 feet, don't know inches		
4	96,96	refused feet, refused inches		
1	96,98	refused feet, don't know inches		
165	98,98	don't know feet, don't know inches		
53. What is your weight?			H2GH53	num 3
14504		range 50 to 450 pounds		
32	996	refused		
202	998	don't know		