Wave	Serum	Plasma	DNA	RNA	Urine	Dried Blood Spots	Stool Microbiome	Oral Microbiome
III	-	-	-	-	n = 12,635* ≤ 1 mL	-	-	-
IV	-	-	-	-	-	n = 4860 7 punches	-	-
V	n = 4670 250 uL	n = 4576 250 uL	n = 4516 1 ug	n = 4652 0.5 µg‡	-	-	n = 763 variable volume	n = 776 variable volume
VI	n = 5069 250 uL	n = 5052 250 uL	n = 5052 1 ug	n = 5167 0.5 ug	-	-	n = 1411 variable volume	-

*There are 12,635 Add Health participant samples. There are also 2,185 partner samples available.
‡ 0.5 ug is average value. Actual amount may vary.