

Introduction to GWAS Data

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|  **Ider** *@robbeewedow*



Outline

- Introduction to genome-wide association studies (GWAS)
- GWAS research (Educational Attainment)
- Polygenic Scores (David Braudt)
- Genetic data format (PLINK)
- Obtaining Add Health GWAS data
- Other considerations

INTRODUCTION TO GWAS

GWAS allows us to gain leverage on the public fascination with “nature or nurture?”



Genetics Notes & Theories

'Gay genes': science is on the right track, we're born this way. Let's deal with it.

Qazi Rahman

The Guardian

Opinion | OP-ED CONTRIBUTOR

Sniffing Out the Gay Gene

By STEVEN PINKER MAY 17, 2005

New York Times

If homosexuality is genetic, wouldn't it have bred itself out of the population over the last few thousand years?

(self.AskReddit)

[1957 comments](#)

Reddit

What makes people gay? (An update)

Boston globe

Returning 10 years later to one of the most-read Boston Globe stories, we find new evidence that the answers lie in the womb.

“Inherited Disorders” Encompasses a Broad Spectrum of Diseases and Traits

Molecular Psychiatry (2014) 19, 41
© 2014 Macmillan Publishers Limited
www.nature.com/mp

IMMEDIATE COMMUNICATION

Genome-wide association study of alcohol dependence:
significant findings in African- and European-Americans
including novel risk loci

**A Common Variant on Chromosome
9p21 Affects the Risk of
Myocardial Infarction**

LETTER

doi:10.1038/nature17671

**Genome-wide association study identifies 74 loci
associated with educational attainment**

Defining the role of common variation in the genomic
and biological architecture of adult human height

Using genome-wide data from 253,288 individuals, we identified 697 variants at genome-wide significance that together explained one-fifth of the heritability for adult height. By testing different numbers of variants in independent studies, we show that the most strongly associated ~2,000, ~3,700 and ~9,500 SNPs explained ~21%, ~24% and ~29% of phenotypic variance. Furthermore, all common variants together captured 60% of heritability. The 697 variants clustered in 423 loci were enriched for genes, pathways and tissue types known to be involved in growth and together implicated genes and pathways not highlighted in earlier efforts, such as signaling by fibroblast growth factors, WNT/ β -catenin and chondroitin sulfate-related genes. We identified several genes and pathways not previously connected with human skeletal growth, including mTOR, osteoglycin and binding of hyaluronic acid. Our results indicate a genetic architecture for human height that is characterized by a very large but finite number (thousands) of causal variants.

OPEN ACCESS Freely available online

 PLOS ONE

Genome-Wide Association Study of Proneness to Anger

Definition: Genome-Wide Association Study (GWAS)

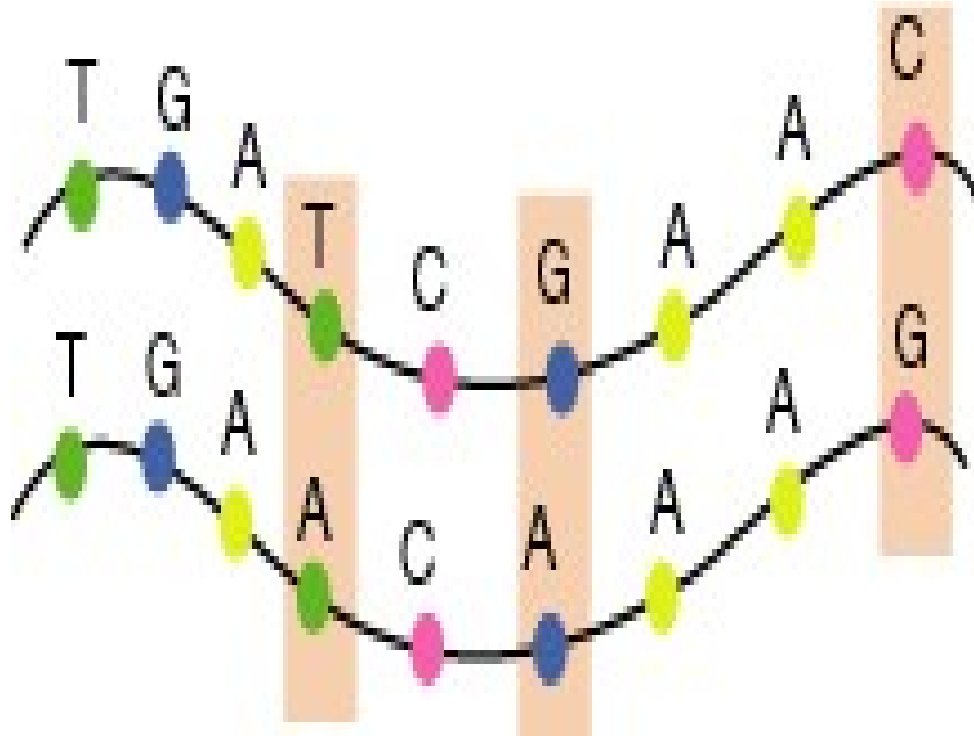
- A tool to evaluate the genetic basis of disease/phenotypes
- Study that surveys the genome for highly associated genetic variants
- Enables testing of multiple, genome-wide (~40-100 million) variants **without** any prior hypothesis
- GWAS genetic metric: the SNP

Genome-Wide Association Study (GWAS)

- The workhorse of gene discovery and much follow-up work (including gene-by-environment interaction studies) in modern statistical and social science genetics
- An atheoretical approach to the discovery of genetic associations across the base unit of molecular analyses, the single nucleotide polymorphism (SNP)
- The effects of SNPs across the genome are small and additive → therefore need enormous sample sizes to have the power to find these effects



Single Nucleotide Polymorphisms (SNPs)



- Single nucleotide polymorphisms (SNPs) are DNA sequence variations that occur when a single nucleotide (A,T,C,or G) in the genome sequence is altered
- Millions of SNPs in the genome!

Discovering genetic effects

In a **Genome-Wide Association Study (GWAS)**, we run a separate regression for every SNP j measured:

$$Phenotype_i = \mu + \beta_j x_{ij} + \gamma \cdot Controls_i + u_{ij}$$

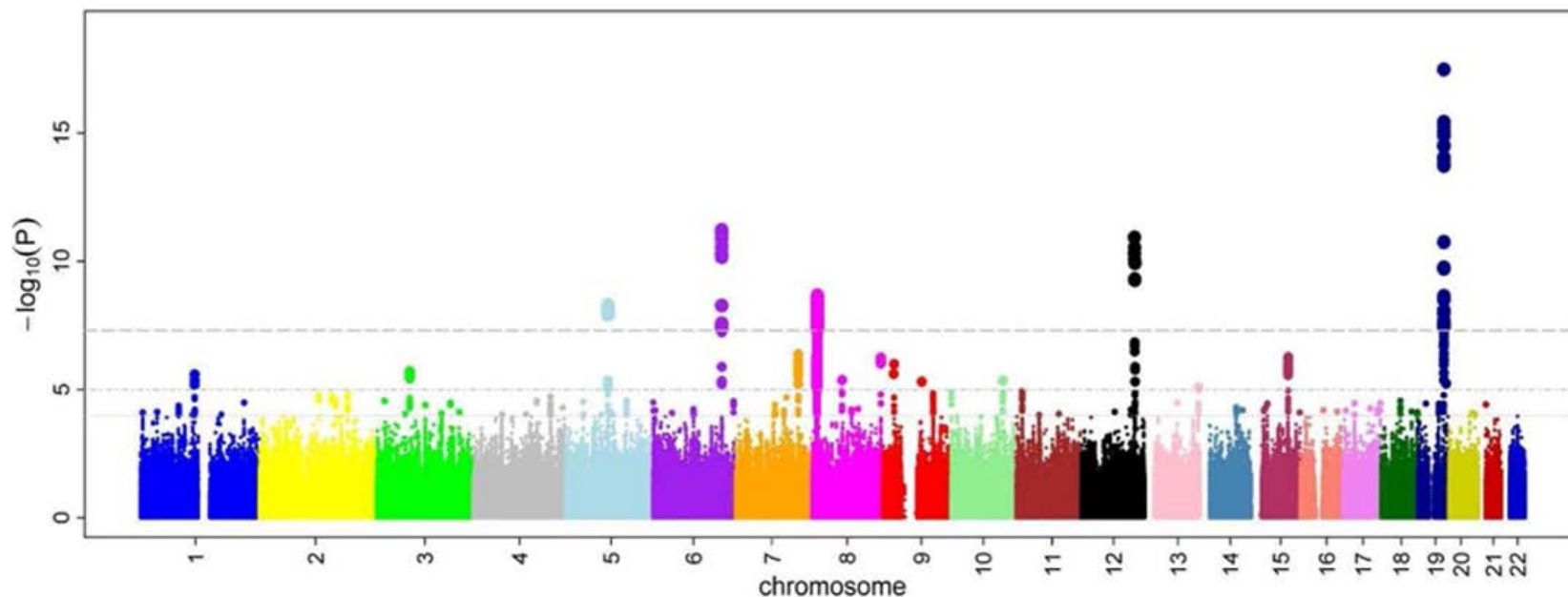
- x_{ij} : genotype of individual i for SNP j
- β_j : predictive effect of SNP j

- Several methodological challenges arise. In particular:
 1. Multiple hypothesis testing ➔ Apply stringent significance threshold
 2. Need statistical power (due to small effect sizes) ➔ Use very large sample
 3. Population stratification ➔ Use ethnically homogenous sample (to date, Europeans)

The Sample Size Tradeoff

- Enormous sample size means a trade-off in outcome (phenotype) measurement
- Phenotypes are necessarily noisy
- GWAS casts a “wide net” with a limited set of control variables:
 - Measure genetic effects that are in fact “total effects”
 - Genetic effects include not only direct genetic effects, but also effects that occur through mediating and moderating environmental mechanisms, the focus of interesting follow-up gene-by-environment interaction studies

Manhattan Plots



- SNPs on x-axis
- $-\log$ of p value on y-axis
- Lowest p values = tallest peaks
- Horizontal line at genome-wide significant ($p=5e-8$)

Published GWAS through 01/2018



Abdominal aortic aneurysm	Cleft lip/palate	Homocysteine levels	Osteoarthritis
Acute lymphoblastic leukemia	Cognitive function	Hypospadias	Osteoporosis
Adhesion molecules	Conduct disorder	Idiopathic pulmonary fibrosis	Otosclerosis
Adverse response to carbamazepine	Colorectal cancer	IgA levels	Other metabolic traits
Adiponectin levels	Corneal thickness	IgE levels	Ovarian cancer
Age-related macular degeneration	Coronary disease	Inflammatory bowel disease	Pancreatic cancer
AIDS progression	Creutzfeldt-Jakob disease	Intracranial aneurysm	Pain
Alcohol dependence	Crohn's disease	Iris color	Paget's disease
Alopecia areata	Cutaneous nevi	Iron status markers	Panic disorder
Alzheimer disease	Dermatitis	Ischemic stroke	Parkinson's disease
Amyloid A levels	Drug-induced liver injury	Juvenile idiopathic arthritis	Periodontitis
Amyotrophic lateral sclerosis	Endometriosis	Keloid	Peripheral arterial disease
Angiotensin-converting enzyme activity	Eosinophil count	Kidney stones	Phosphatidylcholine levels
Ankylosing spondylitis	Eosinophilic esophagitis	LDL cholesterol	Phosphorus levels
Arterial stiffness	Erectile dysfunction and prostate cancer treatment	Leprosy	Photic sneeze
Asparagus anosmia	Erythrocyte parameters	Leptin receptor levels	Phyosterol levels
Asthma	Esophageal cancer	Liver enzymes	Platelet count
Atherosclerosis in HIV	Essential tremor	Longevity	Polycystic ovary syndrome
Atrial fibrillation	Exfoliation glaucoma	LP (a) levels	Primary biliary cirrhosis
Attention deficit hyperactivity disorder	Eye color traits	LpPLA(2) activity and mass	Primary sclerosing cholangitis
Autism	F cell distribution	Lung cancer	PR interval
Basal cell cancer	Fibrinogen levels	Magnesium levels	Progranulin levels
Behcet's disease	Folate pathway vitamins	Major mood disorders	Prostate cancer
Bipolar disorder	Follicular lymphoma	Malaria	Protein levels
Biliary atresia	Fuch's corneal dystrophy	Male pattern baldness	PSA levels
Bilirubin	Freckles and burning	Matrix metalloproteinase levels	Psoriasis
Bitter taste response	Gallstones	MCP-1	Psoriatic arthritis
Birth weight	Gastric cancer	Melanoma	Pulmonary funct. COPD
Bladder cancer	Glioma	Menarche & menopause	QRS interval
Bleomycin sensitivity	Glycemic traits	Meningococcal disease	QT interval
Blond or brown hair	Hair color	Metabolic syndrome	Quantitative traits
Blood pressure	Hair morphology	Migraine	Recombination rate
Blue or green eyes	Handedness in dyslexia	Moyamoya disease	Red vs. non-red hair
BMI, waist circumference	HDL cholesterol	Multiple sclerosis	Refractive error
Bone density	Heart failure	Myeloproliferative neoplasms	Renal cell carcinoma
Breast cancer	Heart rate	N-glycan levels	Renal function
C-reactive protein	Height	Narcolepsy	Response to antidepressants
Calcium levels	Hemostasis parameters	Nasopharyngeal cancer	Response to antipsychotic therapy
Cardiac structure/function	Hepatic steatosis	Neuroblastoma	Response to hepatitis C treat
Carnitine levels	Hepatitis	Nicotine dependence	Response to metaformin
Carotenoid/tocopherol levels	Hepatocellular carcinoma	Obesity	Response to statin therapy
Celiac disease	Hirschsprung's disease	Open angle glaucoma	Restless legs syndrome
Cerebral atrophy measures	HIV-1 control	Open personality	Retinal vascular caliber
Chronic lymphocytic leukemia	Hodgkin's lymphoma	Optic disc parameters	Rheumatoid arthritis
			Ribavirin-induced anemia
			Schizophrenia
			Serum metabolites
			Skin pigmentation
			Smoking behavior
			Speech perception
			Sphingolipid levels
			Statin-induced myopathy
			Stroke
			Systemic lupus erythematosus
			Systemic sclerosis
			T-tau levels
			Tau AB1-42 levels
			Telomere length
			Testicular germ cell tumor
			Thyroid cancer
			Tooth development
			Total cholesterol
			Triglycerides
			Tuberculosis
			Type 1 diabetes
			Type 2 diabetes
			Ulcerative colitis
			Urate
			Venous thromboembolism
			Ventricular conduction
			Vertical cup-disc ratio
			Vitamin B12 levels
			Vitamin D insufficiency
			Vitiligo
			Warfarin dose
			Weight
			White cell count
			YKL-40 levels

GWAS RESEARCH

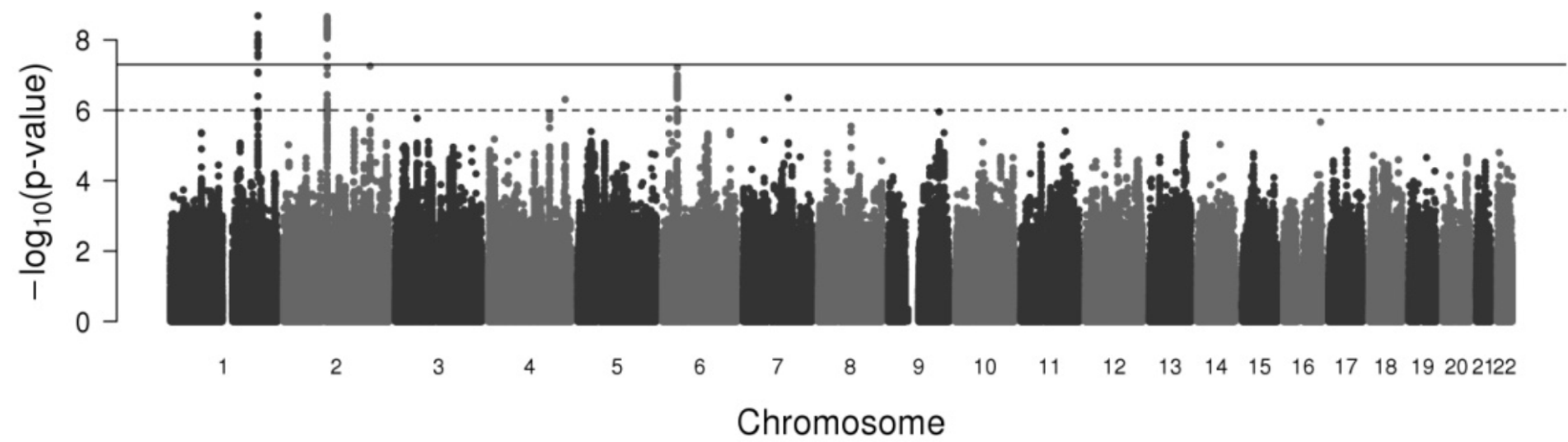


EA1

- Discovery phase: 41 datasets with total sample size of $N \approx 100,000$.
 - Each cohort ran GWAS of *EduYears* (years of schooling)
 - One genome-wide significant association with *EduYears* and two with *College*.
- Replication phase: 12 independent datasets with total sample size of $N \approx 25,000$.

GWAS of 126,559 Individuals Identifies Genetic Variants Associated with Educational Attainment

Cornelius A. Rietveld *et al.*
Science **340**, 1467 (2013);
DOI: [10.1126/science.1235488](https://doi.org/10.1126/science.1235488)



EA2

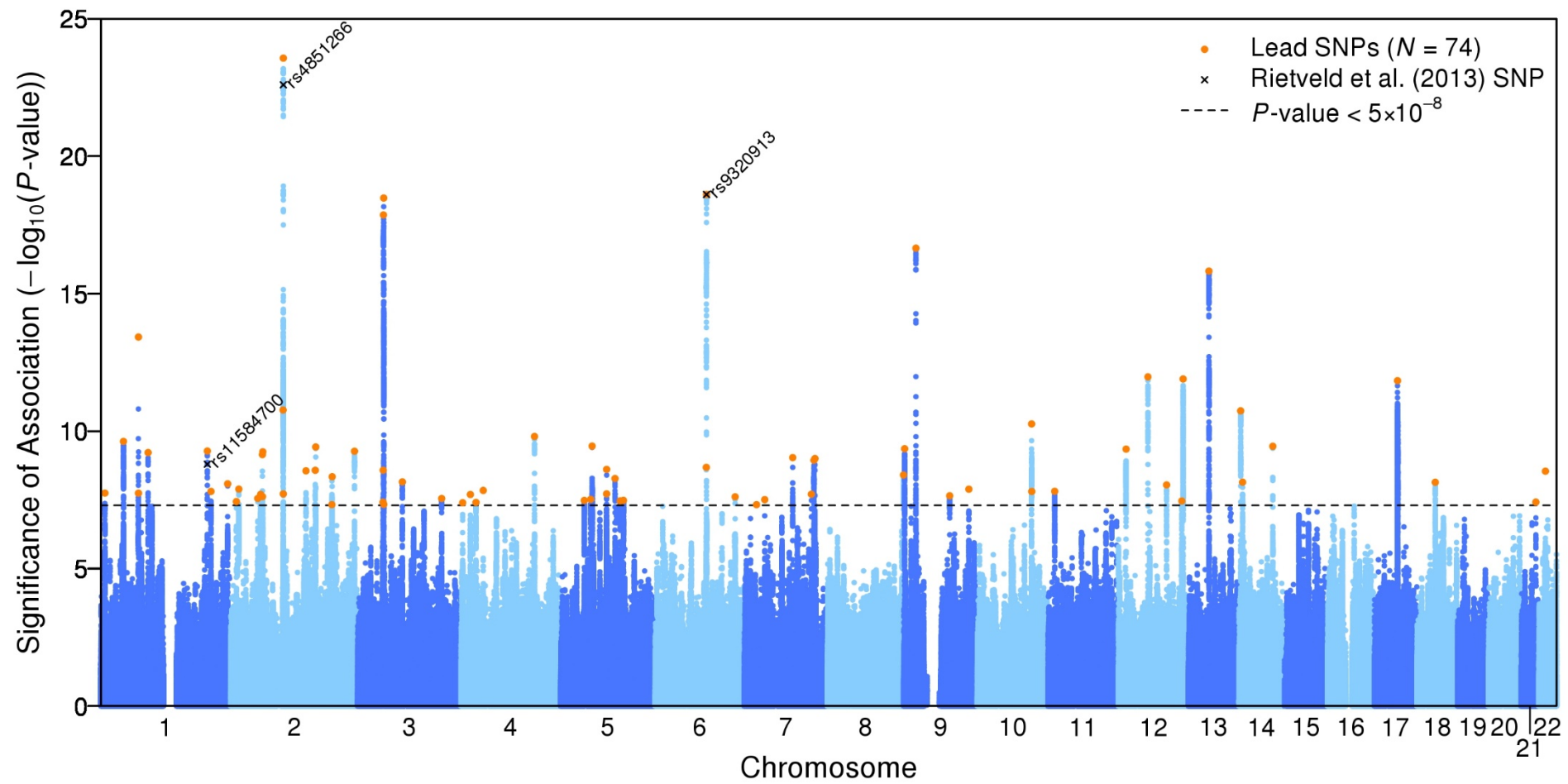
- 63 datasets with sample size of $N = 293,723$.
- Similar analysis plan as EA1, except focused exclusively on *EduYears* (not *College*).
- Found 74 genome-wide significant SNPs.
- After submission, first release of UK Biobank became available ($N \approx 110,000$); used for replication.

LETTER

doi:10.1038/nature17671

Genome-wide association study identifies 74 loci associated with educational attainment

A list of authors and their affiliations appears in the online version of the paper.



EA3

- HOT OFF THE PRESS!!!

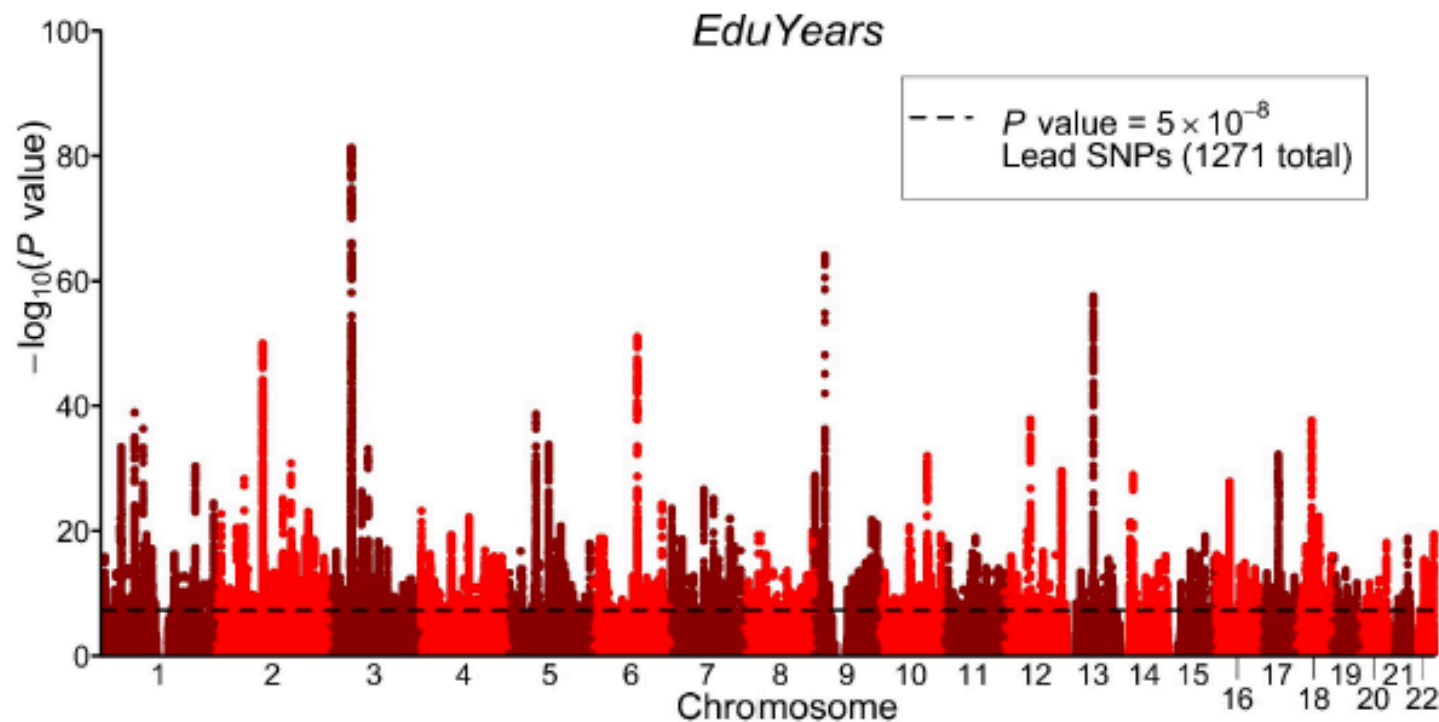
Article | [Published: 23 July 2018](#)

Gene discovery and polygenic prediction from a genome-wide association study of educational attainment in 1.1 million individuals

[James J. Lee](#), [Robbee Wedow](#), [...] [David Cesarini](#)

Nature Genetics (2018) | [Download Citation](#) ↓

70 cohorts (65 EA2 cohorts + 5 new cohorts), $N = 1,131,881,1,271$ approximately independent ($r^2 < 0.1$) SNPs.



Adjusted for winners curse, the median effect size = 1.7 weeks of schooling per allele.

PLINK GENETIC DATA FORMAT

PLINK primer

- PLINK is one of the most common (and relatively universal) pieces of genetic analytics software
- Most commonly used for cleaning genetic data
- Everything you could need: <https://www.cog-genomics.org/plink2>

PLINK BINARY FORMAT: BIM/BED/FAM

- BIM/BED/FAM format is one of the most common formats genetic data are expressed in- this is the format Add Health data is stored in
- Three file types, each containing different information
 - BIM – information about genetic markers
 - BED – individual genetic data (compressed)
 - FAM – information about individuals (e.g., family identifiers, sex)

BIM/BED/FAM: BIM

- BIM, a text file with no header line, and one line per variant:
 - Chromosome code (usually an integer)
 - Variant identifier (usually rs number)
 - Allele 1 (usually minor allele)
 - Allele 2 (usually major allele)

BIM/BED/FAM: BIM

```
[ta@addhlthg orig]$ head omni2_5_sample_AID_sex_dupQC_hapmapQC_maf_hwe_1000GI_fw  
d_het_plateQC.bim  
1      rs144434834      0      723918  A      G  
1      rs3094315      0      752566  G      A  
1      rs3131972      0      752721  A      G  
1      rs12184312      0      754063  T      G  
1      rs74045212      0      757691  C      T  
1      rs114525117      0      759036  A      G  
1      rs59066358      0      771967  A      G  
1      rs12022420      0      774047  A      G  
1      rs12124819      0      776546  G      A  
1      rs4040617      0      779322  G      A
```

BIM/BED/FAM: BED

- BED, a condensed binary version of what's called a PED file, that contains all genotype information for each person
- Don't try to open or view it!

BIM/BED/FAM: FAM

- FAM, a text file with no header line, and one line per sample with the following six fields:
 - Family ID ('FID')
 - Within-family ID ('IID')
 - Within-family ID of father
 - Within-family ID of mother
 - Sex code ('1' = male, '2' = female, '0' = unknown)
 - Phenotype value ('1' = control, '2' = case, '-9' if missing or no phenotypes are present)

PLINK EXAMPLE

- PLINK will read in .bim/.bed/.fam and then allow analyses on these files
- With most software on a Linux server, calling the software is as simple as typing the name of the software
- In a Linux, simply type “plink”

```
[ta@addhlthg orig]$ plink
PLINK v1.90b4.4 64-bit (21 May 2017)          www.cog-genomics.org/plink/1.9/
(C) 2005-2017 Shaun Purcell, Christopher Chang  GNU General Public License v3


  plink [input flag(s)...] {command flag(s)...} {other flag(s)...}
  plink --help {flag name(s)...}



Commands include --make-bed, --recode, --flip-scan, --merge-list,
--write-snplist, --list-duplicate-vars, --freqx, --missing, --test-mishap,
--hardy, --mendel, --ibc, --impute-sex, --indep-pairphase, --r2, --show-tags,
--blocks, --distance, --genome, --homozyg, --make-rel, --make-grm-gz,
--rel-cutoff, --cluster, --pca, --neighbour, --ibs-test, --regress-distance,
--model, --bd, --gxe, --logistic, --dosage, --lasso, --test-missing,
--make-perm-pheno, --tdt, --qfam, --annotate, --clump, --gene-report,
--meta-analysis, --epistasis, --fast-epistasis, and --score.

'plink --help | more' describes all functions (warning: long).
[ta@addhlthg orig]$
```

OBTAINING ADD HEALTH GWAS DATA


dbGaP: Add Health Genotype Warehouse

 NCBI

Resources  How To 

christy_avery@ My NCBI Sign Out

dbGaP

dbGaP 

Search

Limits Advanced

Help



dbGaP

The database of Genotypes and Phenotypes (dbGaP) was developed to archive and distribute the data and results from studies that have investigated the interaction of genotype and phenotype in Humans.

Access dbGaP Data

[Advanced Search](#)

[Controlled Access Data](#)

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[Summary Statistics](#)

Resources

[Phenotype-Genotype Integrator](#)

[Association Results Browser](#)

[dbGaP RSS Feed](#) 

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Important Links

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Genome-wide Association Study of Adiposity in Samoans

dbGaP Study Accession: phs000914.v1.p1

[Show BioProject list](#)

[Study](#) [Variables](#) [Documents](#) [Analyses](#) [Datasets](#) [Molecular Data](#)

Jump to: [Authorized Access](#) | [Attribution](#) | [Authorized Requests](#)

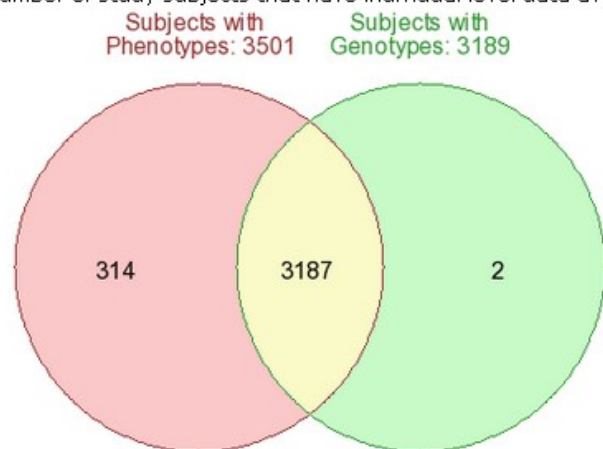
Study Description

The research goal of this study is to identify genetic variation that increases susceptibility to obesity and cardiometabolic phenotypes among adult Samoans using genome-wide association (GWAS) methods. DNA from peripheral blood and phenotypic information were collected from 3,119 adult Samoans, 23 to 70 years of age. The participants reside throughout the independent nation of Samoa, which is experiencing economic development and the nutrition transition. Genotyping was performed with the Affymetrix Genome-Wide Human SNP 6.0 Array using a panel of approximately 900,000 SNPs. Anthropometric, fasting blood biomarkers and detailed dietary, physical activity, health and socio-demographic variables were collected. We are replicating the GWAS findings in an independent sample of 2,500 Samoans from earlier studies. After replication of genomic regions and informative SNPs in those regions, we will determine sequences of the important genes, and determine the specific genetic variants in the sequenced genes that are associated with adiposity and related cardiometabolic conditions. We will also identify gene by environment interactions, focusing on dietary intake patterns and nutrients.

Important Links and Information

- Request access via [Authorized Access](#)
 - [Instructions](#) for requestors
 - [Data Use Certification \(DUC\) Agreement](#)
- [Talking Glossary of Genetic Terms](#)

- Study Types: Cross-Sectional, Population
- Number of study subjects that have individual level data available through Authorized Access: 3501





Genome-wide Association Study of Adiposity in Samoans

dbGaP Study Accession: phs000914.v1.p1

[Show BioProject list](#)

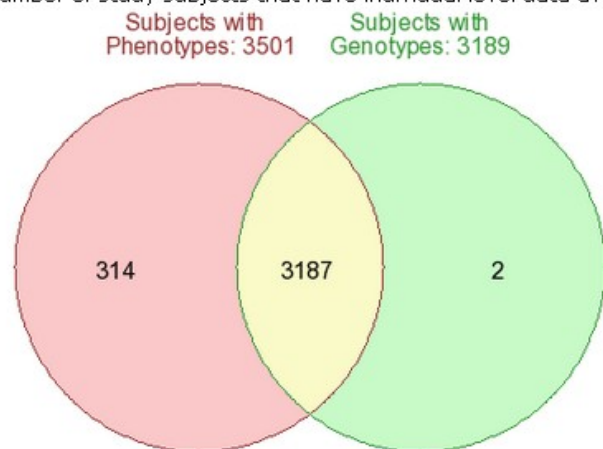
[Study](#) [Variables](#) [Documents](#) [Analyses](#) [Datasets](#) [Molecular Data](#)

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Genome-wide Association Study of Adiposity in Samoans

dbGaP Study Accession: phs000914.v1.p1

Show BioProject list

Study Variables Documents Analyses Datasets Molecular Data

Jump to: [Authorized Access](#) | [Attribution](#) | [Authorized Requests](#)

Study Description

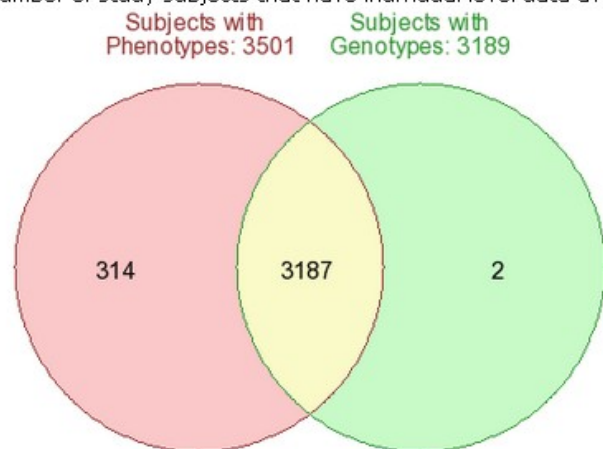
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Important Links and Information

Add Health Phenotype Data Are Available Through the Add Health Study (UNC)

- S
- Number of study subjects that have information for data available through [Authorized Access](#): 3501



dbGaP Data Application

- Must be a tenure-track faculty or research scientist to apply
- Many datasets require IRB approval or IRB documentation of exempt status
- More than one dataset can be applied for on a single project, and datasets can be added later to an existing project
- Research use statement and non-technical project summary are required; non-technical summary will be publicly available online
- Will need to demonstrate how data will be securely stored and provide contact information for your institution's IT director
- Will be reviewed by a committee; usually requires some revision in my experience
- About 1-2 months from start to finish for the entire process in my experience

dbGaP Research Statement

- 2,200 characters maximum
- Need to indicate:
 - Objectives of project
 - Study design
 - Analysis plan, including careful articulation of which outcomes (phenotypes) will be used
 - Explanation of how project is consistent with data use requirements of a particular dataset
 - Explanation of any planned collaboration with other researchers or institutions

OTHER CONSIDERATIONS

Team Science/Consortia

- Joining a consortium is often the first step in GWAS




Statistical Power: Why we work in teams

**We need to correct for 1,000,000
statistical tests when interrogating
genome!**

$$\alpha = 0.05/1M \text{ or } 5 \times 10^{-8}$$

**Correction for only 1M tests given correlation in human
genome**

Summary Results from Many Large Consortia Are Available Online



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GIANT consortium data files

We are releasing the summary data from our 2010-2013 meta-analyses of Genome-wide Association (GWA) data, in order to enable other researchers to examine particular variants or loci for their evidence of association with anthropometric traits. The files include p-values and direction of effect at over 2 million directly genotyped or imputed single nucleotide polymorphisms (SNPs). To prevent the possibility of identification of individuals from these summary results, we are not releasing allele frequency data from our samples.

Contents [\[hide\]](#)

- 1 [GIANT Consortium 2010 GWAS Metadata is Available Here for Download](#)
 - 1.1 2010 Data File Description:
 - 1.2 BMI (download GZIP)
 - 1.3 Height (download GZIP)
 - 1.4 WHRadjBMI (download GZIP)
- 2 [GIANT consortium 2012-2015 GWAS Metadata is Available Here for Download](#)
 - 2.1 2012-2015 Data File Description:
 - 2.2 GWAMA Age-/Sex-Stratified 2015 BMI and WHR
 - 2.3 GWAS Anthropometric 2015 BMI
 - 2.4 GWAS Anthropometric 2015 Waist
 - 2.5 GWAS Anthropometric 2014 Height
 - 2.6 Variability in BMI and Height
 - 2.7 Sex Stratified Anthropometrics
 - 2.8 Extremes of Anthropometric Traits

GIANT Consortium 2010 GWAS Metadata is Available Here for Download

Summary Results from Many Large Consortia Are Available Online



Summary Statistics for Lee et al. (forthcoming)

Lee et al. (forthcoming). Gene discovery and polygenic prediction from a 1.1-million-person GWAS of educational attainment. *Nature Genetics*.


- Summary data file - [GWAS_EA_excl23andMe.txt](#) - Educational attainment (EA) meta-analysis of all discovery cohorts except 23andMe.
- Summary data file - [GWAS_CP_all.txt](#) - Cognitive performance (CP) GWAS meta-analysis of all discovery cohorts.

Note: please refer to the README for a description of how the SNPs for the following files were selected.

- Summary data file - [GWAS_EA.to10K.txt](#) - Educational attainment meta-analysis of all discovery cohorts.
- Summary data file - [GWAS_CP.to10K.txt](#) - Cognitive performance meta-analysis of all discovery cohorts.
- Summary data file - [GWAS_HM.to10K.txt](#) - Highest-level math class completed GWAS in the 23andMe cohort.
- Summary data file - [GWAS_MA.to10K.txt](#) - Self-reported math ability GWAS in the 23andMe cohort.
- Summary data file - [MTAG_EA.to10K.txt](#) - Educational attainment results from MTAG on educational attainment, cognitive performance, highest-level math class completed, and self-reported math ability GWAS.
- Summary data file - [MTAG_CP.to10K.txt](#) - Cognitive performance results from MTAG on educational attainment, cognitive performance, highest-level math class completed, and self-reported math ability GWAS.
- Summary data file - [MTAG_HM.to10K.txt](#) - Highest-level math class completed results from MTAG on educational attainment, cognitive performance, highest-level math class completed, and self-reported math ability GWAS.
- Summary data file - [MTAG_MA.to10K.txt](#) - Self-reported math ability results from MTAG on educational attainment, cognitive performance, highest-level math class completed, and self-reported math ability GWAS.
- Summary data file - [COMBINED.to10K.txt](#) - Combined results from files 2-9, with the corresponding columns of each result suffixed by analysis type and trait (e.g., "Beta_GWAS_HM").

Summary Results from Many Large Consortia Are Available Online


[LD Hub](#) [Home](#) [About](#) [Update log](#) [Software](#)



LD Hub is a centralised database of summary-level GWAS results and a web interface for LD score regression.


[Get Started with LD Hub](#)

Currently v1.0.1




1.4 Billion

SNP-Phenotype associations




1.5 million

Number of individuals



36

GWAS consortia



177

GWAS studies

Race/Ethnicity Heterogeneity



Why are genomic studies only in Europeans?

Medical genomics has focused almost entirely on those of European descent. Other ethnic groups must be studied to ensure that more people benefit, say
Carlos D. Bustamante, Esteban González Burchard and Francisco M. De La Vega.

In the past decade, researchers have dramatically improved our understanding of the genetic basis of complex chronic diseases, such as Alzheimer's disease and type 2 diabetes, through more than 1,000 genome-wide association studies (GWAS). These scan the genomes of thousands of people for known genetic variants, to find out which are associated with a particular condition.

Yet the findings from such studies are likely to have less relevance than was

previously thought for the world's population as a whole. Ninety-six per cent of

SUMMARY

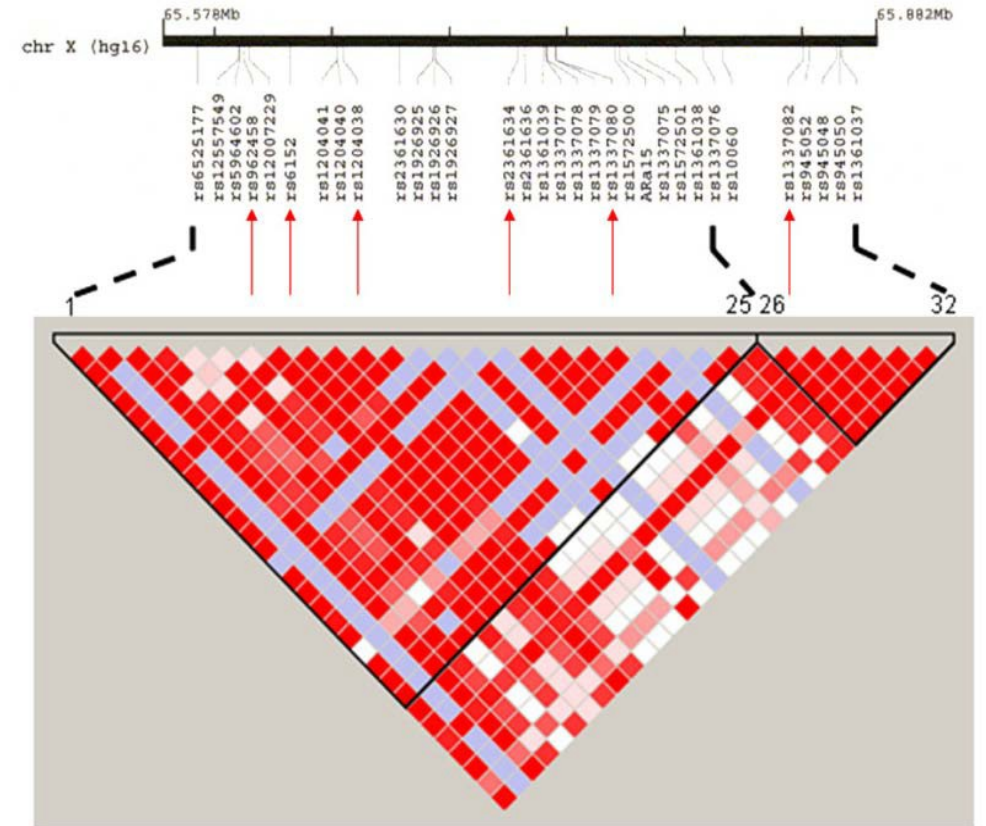
- Those most in need must not be the last to benefit from genetic research
- Reviewers and granting bodies must demand racial and ethnic diversity in genome studies
- Global genomics needs the financial support of governments and non-profits

subjects included in the GWAS conducted so far are people of European descent¹ (see 'Sampling bias'). And a recent *Nature* survey suggests that this bias is likely to persist in the upcoming efforts to sequence people's entire genomes².

Geneticists worldwide must investigate a much broader ensemble of populations, including racial and ethnic minorities. If we do not, a biased picture will emerge of which variants are important, and genomic medicine will largely benefit a privileged few. ▶

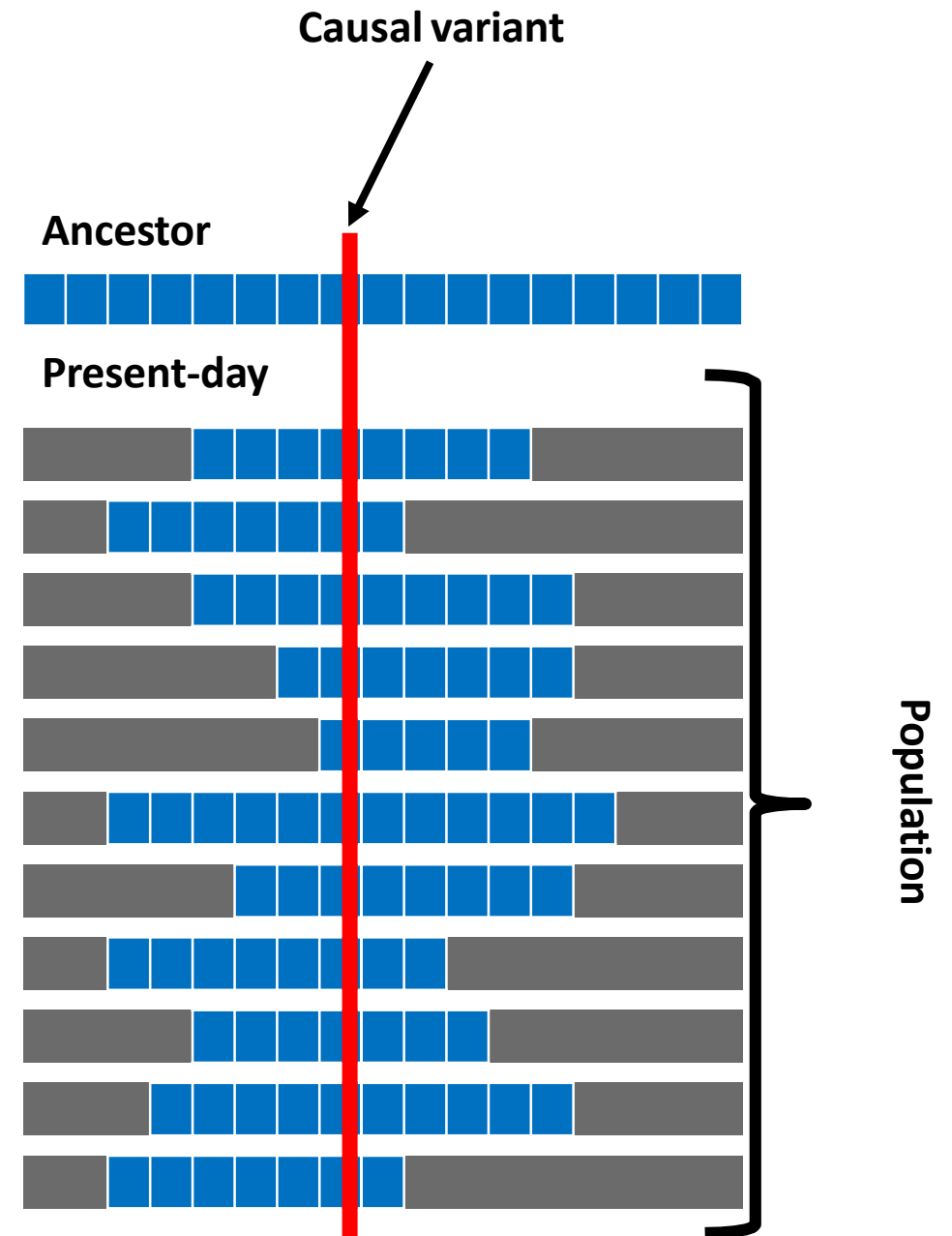
Linkage Disequilibrium (LD)

- SNPs in the genome that are closer to each other are inherited together
- SNPs are inherited in blocks
- Therefore, there is a “non-random” assortment of alleles in a given population



Linkage Disequilibrium (LD)

- LD patterns are population-specific
- Because of the population-specific pattern of LD, confounding by LD is expected to vary across populations (population stratification) and thus genetic analyses must be population specific



Race/Ethnicity Heterogeneity

Take-home messages:

- 1 – Genes generalize, but variation in SNPs exist.**
- 2 – Studies in non-European populations are needed.**

Challenges to analyzing GWAS data

- Many tools are available for analyzing GWAS data- for running GWAS, making polygenic scores, cleaning genetic data, etc.
- Implementation may be challenging if modest Unix/R/python expertise
- Storage: Easiest solution if inexperienced to storing genetic data is to get in touch with research computing at your university or institution

THANK YOU!

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