

Frequency	Code	Response	Variable Name	Type/Length
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Section 33: Daily Activities

The next questions are about your activities outside of work or school.

1. In the past seven days, how many times did you do housework, such as cleaning, cooking, or laundry?			H3DA1	num 2
817	0	not at all		
885	1	1 time		
1663	2	2 times		
2408	3	3 times		
1942	4	4 times		
1501	5	5 times		
710	6	6 times		
5218	7	7 or more times		
15	96	refused		
38	98	don't know		
2. In the past seven days, how many times did you engage in a hobby such as working on a collection, playing cards or board games, arts and crafts, drama, playing a musical instrument or singing with a group, or shopping just for fun?			H3DA2	num 2
3578	0	not at all		
1864	1	1 time		
2591	2	2 times		
2416	3	3 times		
1500	4	4 times		
1043	5	5 times		
350	6	6 times		
1806	7	7 or more times		
11	96	refused		
38	98	don't know		

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Frequency	Code	Response	Variable Name	Type/Length
3. In the past seven days, how many times did you watch a movie, play video or computer games, or use a computer for surfing the Web, exchanging email, or participating in a chat room?			H3DA3	num 2
1728	0	not at all		
1034	1	1 time		
1903	2	2 times		
2116	3	3 times		
1702	4	4 times		
1529	5	5 times		
593	6	6 times		
4534	7	7 or more times		
13	96	refused		
45	98	don't know		
4. On the average, how many hours a week do you spend watching videos?			H3DA4	num 3
2416	0	0 hours		
12674		1 to 168 hours		
32	996	refused		
63	998	don't know		
11	999	not applicable		
1	●	missing		
5. On the average, how many hours a week do you spend playing video or computer games, or using a computer for something other than school work?			H3DA5	num 3
5207	0	0 hours		
9896		range 1 to 168 hours		
30	996	refused		
53	998	don't know		

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Frequency	Code	Response	Variable Name	Type/Length
11	999	not applicable		
6.	In the past seven days, how many times did you watch television?		H3DA6	num 2
604	0	not at all		
502	1	1 time		
984	2	2 times		
1256	3	3 times		
1264	4	4 times		
1267	5	5 times		
666	6	6 times		
8593	7	7 or more times		
9	96	refused		
52	98	don't know		
7.	On the average, how many hours a week do you spend watching television?		H3DA7	num 3
510	0	0 hours		
14542		1 to 168 hours		
36	996	refused		
104	998	don't know		
5	999	not applicable		
8.	In the past seven days, how many times did you bicycle, skateboard, dance, hike, hunt, or do yard work?		H3DA8	num 2
7847	0	not at all		
2197	1	1 time		
1924	2	2 times		
1301	3	3 times		
684	4	4 times		
442	5	5 times		

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Frequency	Code	Response	Variable Name	Type/Length
153	6	6 times		
598	7	7 or more times		
13	96	refused		
38	98	don't know		
9. In the past seven days, how many times did you roller blade, roller skate, downhill ski, snow board, play racquet sports, or do aerobics?			H3DA9	num 2
11751	0	not at all		
1030	1	1 time		
855	2	2 times		
660	3	3 times		
350	4	4 times		
224	5	5 times		
60	6	6 times		
220	7	7 or more times		
11	96	refused		
36	98	don't know		
10. In the past seven days, how many times did you participate in strenuous team sports such as football, soccer, basketball, lacrosse, rugby, field hockey, or ice hockey?			H3DA10	num 2
11988	0	not at all		
1105	1	1 time		
832	2	2 times		
505	3	3 times		
254	4	4 times		
160	5	5 times		
65	6	6 times		
241	7	7 or more times		

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Frequency	Code	Response	Variable Name	Type/Length
11	96	refused		
36	98	don't know		
11. In the past seven days, how many times did you participate in individual sports such as running, wrestling, swimming, cross-country skiing, cycle racing, or martial arts?			H3DA11	num 2
11415	0	not at all		
1077	1	1 time		
951	2	2 times		
713	3	3 times		
372	4	4 times		
257	5	5 times		
101	6	6 times		
263	7	7 or more times		
11	96	refused		
37	98	don't know		
12. In the past seven days, how many times did you participate in gymnastics, weight lifting, or strength training?			H3DA12	num 2
10555	0	not at all		
915	1	1 time		
1068	2	2 times		
1151	3	3 times		
621	4	4 times		
423	5	5 times		
137	6	6 times		
284	7	7 or more times		
11	96	refused		
32	98	don't know		

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Frequency	Code	Response	Variable Name	Type/Length
13. In the past seven days, how many times did you play golf, go fishing or bowling, or play softball or baseball?			H3DA13	num 2
12708	0	not at all		
1317	1	1 time		
576	2	2 times		
276	3	3 times		
103	4	4 times		
69	5	5 times		
21	6	6 times		
87	7	7 or more times		
10	96	refused		
30	98	don't know		
14. In the past seven days, how many times did you walk for exercise?			H3DA14	num 2
7834	0	not at all		
1575	1	1 time		
1746	2	2 times		
1355	3	3 times		
767	4	4 times		
514	5	5 times		
174	6	6 times		
1191	7	7 or more times		
10	96	refused		
31	98	don't know		
15. In the past seven days, how many times did you just "hang out" with friends, or talk on the telephone for more than five minutes?			H3DA15	num 2
1288	0	not at all		

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Frequency	Code	Response	Variable Name	Type/Length
829	1	1 time		
1727	2	2 times		
2154	3	3 times		
1751	4	4 times		
1597	5	5 times		
696	6	6 times		
5104	7	7 or more times		
11	96	refused		
40	98	don't know		
16. Were the past seven days typical in terms of your physical activity?			H3DA16	num 1
3080	0	no		
12039	1	yes [skip to Q.18]		
34	6	refused		
34	8	don't know		
10	9	not applicable		
17. Are you generally more active or less active than you were last week?			H3DA17	num 1
2343	1	more active		
710	2	less active		
33	6	refused		
12039	7	legitimate skip		
55	8	don't know		
17	9	not applicable		
18. How many children less than six years old live in your household?			H3DA18	num 2
11103	0	no children		
2695	1	1 child		

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Frequency	Code	Response	Variable Name	Type/Length
1054	2	2 children		
252	3	3 children		
44	4	4 children		
7	5	5 children		
2	6	6 children		
2	9	9 children		
1	19	19 children		
1	32	32 children		
25	96	refused		
7	98	don't know		
4	99	not applicable		
19. How many children between the ages of six and twelve live in your household?			H3DA19	num 2
13636	0	no children		
1174	1	1 child		
261	2	2 children		
62	3	3 children		
20	4	4 children		
5	5	5 children		
1	7	7 children		
1	10	10 children		
1	23	23 children		
25	96	refused		
5	98	don't know		
6	99	not applicable		
<i>[If Q.18 > 0, ask Q.20 to Q.21.]</i>				

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Frequency	Code	Response	Variable Name	Type/Length
20. On the average, how many hours per week do you spend taking care of the children in your household who are less than six years old by feeding, bathing, or dressing them?			H3DA20	num 3
290	0	0 hours		
3679		1 to 168 hours		
9	996	refused		
11139	997	legitimate skip		
77	998	don't know		
2	999	not applicable		
1	●	missing		
21. On the average, how many hours per week do you spend taking care of these children by carrying them, walking with them, or playing with them?			H3DA21	num 3
138	0	0 hours		
3822		1 to 168 hours		
9	996	refused		
11139	997	legitimate skip		
85	998	don't know		
3	999	not applicable		
1	●	missing		
<i>[If Q.18 > 0 or Q.19 > 0, ask Q.22 to Q.27.]</i>				
22. Are the children in your household involved in any sports activities?			H3DA22	num 1
3970	0	no <i>[skip to Q.28]</i>		
888	1	yes		
4	6	refused		
10323	7	legitimate skip		
7	8	don't know		
5	9	not applicable		

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Frequency	Code	Response	Variable Name	Type/Length
23. In the last seven days did you attend any of their sports activities as a spectator or transport any of them to a game or practice?			H3DA23	num 1
527	0	no <i>[skip to Q.25]</i>		
358	1	yes		
14309	7	legitimate skip		
3	9	not applicable		
24. How many times did you do this?			H3DA24	num 2
4		0 times		
354		1 to 35 times		
14838	97	legitimate skip		
1	98	don't know		
25. In the last seven days did you actively participate in any of their sports activities—for example as a coach or referee?			H3DA25	num 1
804	0	no <i>[skip to Q.28]</i>		
83	1	yes		
14308	7	legitimate skip		
2	9	not applicable		
26. How many times did you do this?			H3DA26	num 2
82		1 to 40 times		
15114	97	legitimate skip		
1	98	don't know		
27. On the average, how many hours did you spend each time you participated in such a sports activity in the last seven days?			H3DA27	num 2
2	0	0 hours		
80		1 to 40 hours		
15114	97	legitimate skip		
1	98	don't know		

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Frequency	Code	Response	Variable Name	Type/Length
28. Do you currently have a job?			H3DA28	num 1
3851	0	no [skip to Q.36]		
11306	1	yes		
26	6	refused		
6	8	don't know		
8	9	not applicable		
29. How do you get to and from work? Indicate as many kinds of transportation as you use.				
car			H3DA29A	num 1
1164	0	not marked		
10149	1	marked		
22	6	refused		
3851	7	legitimate skip		
4	8	don't know		
7	9	not applicable		
bus			H3DA29B	num 1
10773	0	not marked		
547	1	marked		
18	6	refused		
3851	7	legitimate skip		
3	8	don't know		
5	9	not applicable		
subway			H3DA29C	num 1
11096	0	not marked		
224	1	marked		
18	6	refused		
3851	7	legitimate skip		
3	8	don't know		

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Frequency	Code	Response	Variable Name	Type/Length
5	9	not applicable		
walking			H3DA29D	num 1
10547	0	not marked		
776	1	marked		
17	6	refused		
3851	7	legitimate skip		
3	8	don't know		
3	9	not applicable		
bicycle			H3DA29E	num 1
11142	0	not marked		
182	1	marked		
16	6	refused		
3851	7	legitimate skip		
3	8	don't know		
3	9	not applicable		
other			H3DA29F	num 1
11079	0	not marked		
242	1	marked		
17	6	refused		
3851	7	legitimate skip		
4	8	don't know		
4	9	not applicable		
30.		How many miles must you travel each work day from where you live to where you work?	H3DA30	num 3
353	0	0 miles		
10833		1 to 585 miles		
25	996	refused		

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Frequency	Code	Response	Variable Name	Type/Length
3851	997	legitimate skip		
103	998	don't know		
32	999	not applicable		
31. How many hours a week do you usually spend at work?			H3DA31	num 3
15	0	0 hours		
11277		1 to 168 hours		
32	996	refused		
3851	997	legitimate skip		
14	998	don't know		
8	999	not applicable		
32. On the average, how many hours a week at work do you spend standing, doing hard physical work (for example, doing construction work)?			H3DA32	num 3
7491	0	0 hours		
3787		1 to 126 hours		
35	996	refused		
3851	997	legitimate skip		
25	998	don't know		
8	999	not applicable		
33. On the average, how many hours a week at work do you spend standing, doing moderate physical work (for example, nursing or being a mechanic)?			H3DA33	num 2
6507	0	0 hours		
4763		1 to 90 hours		
37	96	refused		
3851	97	legitimate skip		
28	98	don't know		
11	99	not applicable		

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Frequency	Code	Response	Variable Name	Type/Length
34. On the average, how many hours a week at work do you spend standing, doing light physical work (for example, standing at a counter, teaching, working at a conveyer belt)?			H3DA34	num 2
5384	0	0 hours		
5882		1 to 90 hours		
40	96	refused		
3851	97	legitimate skip		
28	98	don't know		
12	99	not applicable		
35. On the average, how many hours a week at work do you spend seated (for example, using a computer or driving)?			H3DA35	num 3
5113	0	0 hours		
6147		1 to 100 hours		
41	996	refused		
3851	997	legitimate skip		
33	998	don't know		
12	999	not applicable		
<i>[If the sum of Q.32 through Q.35 is not < or = to Q.31, ask the respondent to reconcile them.]</i>				
36. Are you currently enrolled in school or in a job training or vocational education program?			H3DA36	num 1
9560	0	no <i>[skip to Q.43]</i>		
5589	1	yes		
29	6	refused		
9	8	don't know		
10	9	not applicable		
37. How many hours a week do you spend in school or at this program?			H3DA37	num 3
136	0	0 hours		
5436		1 to 168 hours		

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Frequency	Code	Response	Variable Name	Type/Length
28	996	refused		
9560	997	legitimate skip		
31	998	don't know		
6	999	not applicable		
38. How do you get to and from your school or program? Indicate as many kinds of transportation as you use.				
car			H3DA38A	num 1
1401	0	not marked		
4202	1	marked		
22	6	refused		
9560	7	legitimate skip		
6	8	don't know		
6	9	not applicable		
bus			H3DA38B	num 1
5167	0	not marked		
446	1	marked		
19	6	refused		
9560	7	legitimate skip		
4	8	don't know		
1	9	not applicable		
subway			H3DA38C	num 1
5492	0	not marked		
120	1	marked		
19	6	refused		
9560	7	legitimate skip		
4	8	don't know		
2	9	not applicable		

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Frequency	Code	Response	Variable Name	Type/Length
walking			H3DA38D	num 1
4411	0	not marked		
1203	1	marked		
18	6	refused		
9560	7	legitimate skip		
4	8	don't know		
1	9	not applicable		
bicycle			H3DA38E	num 1
5433	0	not marked		
182	1	marked		
17	6	refused		
9560	7	legitimate skip		
4	8	don't know		
1	9	not applicable		
other			H3DA38F	num 1
5487	0	not marked		
127	1	marked		
17	6	refused		
9560	7	legitimate skip		
4	8	don't know		
2	9	not applicable		
39. How many miles must you travel each class day from where you live to your school or program?			H3DA39	num 3
680	0	0 miles		
4927		1 to 200 miles		
27	996	refused		
9560	997	legitimate skip		

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Frequency	Code	Response	Variable Name	Type/Length
63	998	don't know		
12	999	not applicable		
<i>[If Q.38D = 1 or Q.38E = 1, ask Q.40.]</i>				
40.	On the average, how many hours a week do you spend walking or biking to and from classes?		H3DA40	num 2
79	0	0 hours		
1217		1 to 168 hours		
1	96	refused		
13892	97	legitimate skip		
6	98	don't know		
2	99	not applicable		
41.	On the average, how many hours a week at school do you spend standing (for example, doing lab work or library research)?		H3DA41	num 2
3272	0	0 hours		
2290		1 to 80 hours		
27	96	refused		
9560	97	legitimate skip		
39	98	don't know		
9	99	not applicable		
42.	On the average, how many hours a week at school do you spend sitting (for example, reading, attending class, or using a computer)?		H3DA42	num 3
194	0	0 hours		
5363		1 to 155 hours		
27	996	refused		
9560	997	legitimate skip		
44	998	don't know		
9	999	not applicable		

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Frequency	Code	Response	Variable Name	Type/Length
43. How tall are you in feet (and inches)?			H3DA43F	num2
227	4	4 feet		
12161	5	5 feet		
2735	6	6 feet		
1	7	7 feet		
16	96	refused		
38	98	don't know		
1	99	not applicable		
18	●	missing		
43. How tall are you in (feet and) inches?			H3DA43I	num 2
1276	0	0 inches		
1156	1	1 inch		
1406	2	2 inches		
1317	3	3 inches		
1465	4	4 inches		
1183	5	5 inches		
1395	6	6 inches		
1307	7	7 inches		
1164	8	8 inches		
1178	9	9 inches		
1132	10	10 inches		
1134	11	11 inches		
15	96	refused		
50	98	don't know		
1	99	not applicable		
18	●	missing		
44. What is your current weight in pounds?			H3DA44	num 3

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Frequency	Code	Response	Variable Name	Type/Length
14880		60 to 450 pounds		
92	996	refused		
188	998	don't know		
6	999	not applicable		
31	●	missing		
<i>[If GENDER = 2, ask Q.45.]</i>				
45.	How old were you when you got your period for the first time?		H3DA45	num 2
9	7	seven years or younger		
31	8	eight years old		
234	9	nine years old		
419	10	ten years old		
1090	11	eleven years old		
2247	12	twelve years old		
1981	13	thirteen years old		
974	14	fourteen years old		
487	15	fifteen years old		
265	16	sixteen years old		
71	17	seventeen years old		
30	18	eighteen years old		
12	19	nineteen years old		
16	20	twenty years old		
14	21	twenty one years old		
14	22	twenty two years old		
10	23	twenty three years old		
6	24	twenty four years old		
8	25	twenty five years old		

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Frequency	Code	Response	Variable Name	Type/ Length
3	26	twenty six years old		
18	96	refused		
7167	97	legitimate skip		
78	98	don't know		
3	99	not applicable		
10	●	missing		